

**Final Year PG Ayurveda Degree Regular/Supplementary  
Examinations February 2025**

**(Swasthavritta)**

**Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha  
(2016 Scheme)**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Write vyadhikshamatva as per Ayurvedic and Modern perspective in detail

**Short essays**

**(8x10=80)**

2. Explain sharad ritu charya in detail
3. Discuss the role of sadvritta in psychological disorders
4. Explain ahara vidhi viseshayatanani with its importance in the present scenario
5. Discuss the dimensions of health in comparison with Ayurvedic health assessment tools
6. Aim and importance of Dinacharya and describe nasya karma in detail
7. Describe Dudga varga and explain milk hygiene
8. Pathyapatya in atisara vyadhi
9. Explain the scope of vajikarana in health and disease

\*\*\*\*\*